

2024 Stingray Info Sheet

Registration Dates and Swim Suit Try-Ons:

1. Saturday March 23th 4:00-6:00pm at the Cedarwood Pool Clubhouse
2. Friday, April 19th 6:00-8:00pm at the Cedarwood Pool Clubhouse

2024 Registration Fees: \$100 1st swimmer, \$95 2nd swimmer, \$90 3rd swimmer, \$85 4th swimmer. All swim levels accepted: ages 4-18 (as of 6-1-24)

Practice Schedule:

May 20th(M)–May 24th(F):

6 & U (Jumpers)...5:00pm-5:30pm

7-9 yrs.....5:30pm-6:15pm

10-12 yrs.....6:15pm-7:15pm

13-18 yrs.....7:15pm-8:15pm

May 28th(T), 29th(W), & 30th(Th)

June 3rd(M), 5th(W), & 6th(Th)

6 & U (Jumpers).....6:00pm-6:30pm

7-9 yr olds.....6:30pm-7:00pm

10-12 yr olds.....7:00pm-7:45pm

13-18 yrs.....7:45pm-8:45pm

Beginning June 10th–End of Season: 13-18 yrs.....8:00am-9:00am (M-F)
10-12 yrs.....9:00am-10:00am (M-F)
7-9 yrs.....9:45am-10:30am (M-F)
6 & unders.....10:30am-11:00am (M-F)

*****Last practice for 6 & unders (Jumpers) Wednesday July 3rd*****

Swim Meet Schedule: ****All meets begin at 6:00pm**** Please arrive for warm-ups by 4:45pm for Home meets and by 5:15pm for Away meets! Thank you.

Tuesday June 4th.....Home vs HPCC (Sharks)

Tuesday June 11th....Home vs Sheraton Hills Eels

Tuesday June 18th....Away at (Waterdawgs) 20 Stadium Dr, Thomasville, NC 27360

Tuesday June 25th..Away at (Tsunami) 212 Meadowlands Dr, Winston-Salem, NC 27107

Monday July 3rd.....Home vs Abington Alligators

Tuesday July 9th...City Meet (Greensboro Aquatic Center)

*Make up meets are automatically scheduled for the Thursday of the same week as the canceled or incomplete meet. All meet entries and volunteer assignments carry over to Thursday.

Attention Stingray Parents:

We are asking that each family has a volunteer working HALF OF EACH MEET your child swims in. Your swimmer will not be fully registered until you have signed up for each meet. We need everyone's help to run the meets smoothly! There will be a separate Sign-Up Genius for all 5 meets.

Concession Donations: Each family is asked to bring in two 12-packs of canned drinks ***before the first home meet.*** Please put the drinks in the pool clubhouse (in front of the Swim Team room on the left). Thank you!

Drink assignment by last name:

A-H: Mountain Dew/Coke or Pepsi

I-J: Diet Sprite/Diet Coke or Diet Pepsi/Diet Dr. Pepper

K-R Sprite/Grape/Orange/Fruit Punch/Lemonade, etc

S-Z: Dr. Pepper/Cheerwine/Mr. Pibb

CONCESSIONS: Our plan as of now will be to sell Chick-fil-a sandwiches, bbq sandwiches, chicken nuggets, hot dogs, snacks, Gatorade, Cakes by B team cookies, and candy. We may try adding pizza, as well. Please help by signing up to donate some of these items when the Sign Up Genius is sent out. THANK YOU!

During Practice and Swim Meets:

- Please supervise your child's behavior
- Respect decisions made by officials and coaches
- **NO** siblings in the pool during meets and **NO** siblings in the pool during practices
- Be on time to meets and when picking up your child after practice
- Talk to coaches ***before or after*** practices or meets

*** We would love your help setting up equipment and taking down equipment/cleaning up after practices and especially home meets.*

Any changes to schedule will be communicated by **email** and put on our Cedarwood Stingrays **Facebook** page. Meet results and times will be posted on the swim team board in the clubhouse. As always please feel free to reach out to Danielle or Erin with any questions.

Upcoming Dates.....Breakfast with Aidan (most Fridays), Swim For Cancer (6/24), Team Photo (tent...6/26), Spirit Week (6/24-28), Senior Night (Last home meet- 7/2), Teen Party (7/7), End of Season Celebration/Stingray Shenanigans (7/10).

Swim Team Moms:

Danielle King 336-906-0678 & Erin Smith 704-796-9870

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